

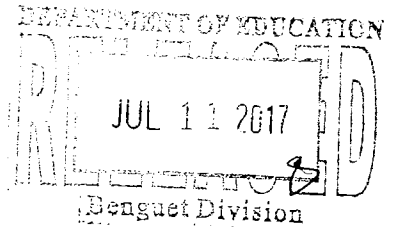
**DIVISION MEMORANDUM**

030.2017

To: Public Schools District Supervisors  
Coordinating Principals  
Heads, Public Elementary and Secondary Schools  
All School Health Personnel

From: **MARIE CAROLYN B. VERANO, CESO VI**  
Office of the Schools Division Superintendent

Subject: **2017 NUTRITION MONTH CELEBRATION**



**NESTOR L. BOLAYO**  
Public Schools District Supervisor  
OIC-Asst. Schools Division Superintendent

1. Attached hereto is DepEd Memorandum No. 105, s. 2017, "2017 Nutrition Month Celebration" with this years' focal theme: *Healthy Diet, Gawing Habit – for Life!*
2. In this regard, all schools are enjoined to celebrate Nutrition Month by undertaking meaningful activities while strictly observing DepEd Order No. 9, s. 2005, *Engaged Time-on-Task Policy*.
3. A consolidated narrative report with pictorials on the highlights of the observance of the Nutrition Month shall be submitted through email at [angeline.calatan@deped.gov.ph](mailto:angeline.calatan@deped.gov.ph) not later than August 30, 2017.
4. Immediate dissemination and compliance to this memorandum is desired.



The round metal gong of the Cordillera known locally as "gangsa" is a symbol of the upland people's culture that has been passed on from generation to another.  
The profile of a person blowing a "tangguyob" represents a community being called for an important matter or action.  
The lines that shape the mountains, the rice terraces, clouds and rivers symbolize the connectivity and flow of human interaction in a geographic area such as the Cordillera.  
All the symbols combined represent unity and harmony of its people with culture and environment in beating the gong for self-determination.



Republic of the Philippines  
**Department of Education**

05 JUN 2017

DepEd MEMORANDUM  
No. **105**, s. 2017

**2017 NUTRITION MONTH CELEBRATION**

To: Undersecretaries  
Assistant Secretaries  
Bureau and Service Directors  
Regional Directors  
Schools Division Superintendents  
Public Elementary and Secondary Schools Heads  
All Others Concerned

1. The National Nutrition Council (NNC) will lead the whole nation in the celebration of the **2017 Nutrition Month** this coming July. The main purpose of this Celebration is to disseminate nutrition-related messages to all Filipinos through the focal theme *Healthy Diet, Gawing Habit – for Life!*
2. The Celebration aims to:
  - a. promote the consumption of healthier foods and discourage the eating of unhealthy foods;
  - b. encourage the families and individuals to eat a balanced diet with a variety of food in the right quantity and maintaining an ideal body weight to reduce obesity and non-communicable diseases;
  - c. create awareness among them on making the right choices of food; and
  - d. encourage food industry, producers, distributors and farmers and make healthy foods available for all.
3. In support of this developmental endeavor, the Department of Education (DepEd) enjoins all schools to participate in this Celebration by undertaking meaningful activities which will highlight the importance of good nutrition, healthy diet and healthy lifestyle.
4. However, it is emphasized, that the *Engaged Time-on-Task Policy* of the DepEd should be observed as stipulated in DepEd Order No. 9, s. 2005.
5. A consolidated narrative report with the pictorials on the highlights of the observance of Nutrition Month shall be prepared by the regional health and nutrition personnel for submission to the NNC regional offices.
6. Immediate dissemination of this Memorandum is desired.

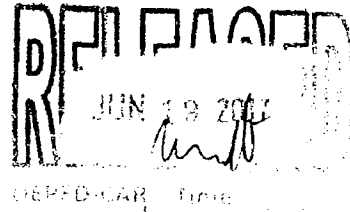
  
**LEONOR MAGTOLIS BRIONES**  
Secretary



Republic of the Philippines  
 Department of Education  
 CORDILLERA ADMINISTRATIVE REGION  
 Wangal, La Trinidad, Benguet



REGIONAL MEMORANDUM  
 No. 187-2017



TO: Schools Division Superintendents  
 All Schools Divisions

FROM: **MAY B. ECLAR, Ph.D., CESO V**  
 Officer-In-Charge  
 Office of the Regional Director

SUBJECT: **2017 NUTRITION MONTH CELEBRATION**

1. The yearly Nutrition Month is lead by the National Nutrition Council (NNC) as the policy making body on nutrition. This year's celebration aims to disseminate nutrition-related messages to all Filipinos through the theme "**Healthy Diet, Gowing Habit - for LIFE**".
2. The Celebration aims to:
  - a. promote consumption of healthier foods and discourage the eating of unhealthy foods;
  - b. encourage families and individuals to eat a balanced diet with a variety of food in the right quantity and maintaining an ideal body weight to reduce obesity and non-communicable diseases;
  - c. create awareness among them on making right choices of food; and
  - d. encourage food industry, producers, distributors and farmers and make healthy foods available for all.
3. In support to this endeavor, all schools are enjoined to participate in the celebration by undertaking meaningful activities which will highlight the importance of good nutrition, healthy diet and healthy lifestyle. Schools are also enjoined to serve healthy menu and indigenous snacks in the school canteens.
4. The *Engage Time-on-Task Policy* of the DepEd should be observed as stipulated in DepEd Order No. 9, s. 2005.
5. A consolidated narrative report with pictorials on the highlights of the observance of the Nutrition Month shall be submitted through email at [essd.depedcar@gmail.com](mailto:essd.depedcar@gmail.com) not later than September 15, 2017.
6. Immediate dissemination of this Memorandum is desired.

Reference:  
 DepEd Memoradum No. 105, s. 2017

To be indicated in the Perpetual Index  
 Under the following subjects:

CELEBRATIONS AND FESTIVALS    HEALTH EDUCATION    LEARNERS  
 PROGRAMS    SCHOOLS    TEACHERS

ESSD/ABG/mbnm2017

Telephone Numbers:							
Office of the Director IV	-422-1318	Budget and Finance Division	-422-5155	Cash Section	-309-3017	Record Section	-309-3015
Fax Machine	-422-4074	Elementary Education Division	-422-7096	Physical Facilities Unit/ICT	-309-3011	Payroll Services Unit	-424-3993
Office of the Director III	-309-3013	Alternative Learning System	-422-5187	Regional Planning Unit	-309-1234	Special Services Division	-424-5167
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